Day 1 Session 3

Mentoring and being mentored: discover support available for patients, by patients.



Laurie Proulx

Laurie Proulx has lived with Juvenile Rheumatoid Arthritis and disability since she was 14 years old and her experiences led to her involvement in the Canadian Arthritis Patient Alliance (CAPA), a grass-roots patient driven and managed organization. She currently works part-time for CAPA as managing director and works as a consultant for health care organizations, researchers, and patient organizations / health charities. Her consultancy focuses on patient and community engagement, knowledge translation, health and social policy analysis, and workplace inclusion for disabled people.



Amy Price

Dr. Amy Price worked as a Neurocognitive Rehabilitation consultant and in International Missions before sustaining serious injury and years of rehabilitation. She emerged with a goal to build a bridge between research methodology, research involvement and public engagement where the public is trained and empowered to be equal partners in health research. Amy's experience has shown her that shared knowledge, interdisciplinary collaboration and evidence-based research will shape and develop the future. She serves as a BMJ Research Editor (Patient and Public Partnership) and is a Senior Research Scientist at Stanford School of Medicine.

Anna Samson



Anna Samson (they/she) is a 24-year-old desi, queer, disabled person living near Toronto, Canada. They are a writer, poet, and an advocate fordisability and mental health. They have ankylosing spondylitis, fibromyalgia, and more. They have experienced symptoms since they were a child but it worsened during their teens. Anna now uses a cane full time and frequently uses a walker. They are passionate about using their intersectional lived experiences to raise awareness for chronic illnesses, disabilities, and mental health. They raise awareness by working with rheumatic disease organizations, being a part of research teams, writing poetry, creating content, and engaging with community on social media. You can find more of their advocacy work on Instagram and TikTok @chronicallyillxo and Twitter @chronicallyillx.

Janice Tufte



Janice Tufte resides in Seattle, Washington USA and is active as a patient partner in health systems research and quality improvement efforts around the globe. Janice developed local Emergency Muslim Resource Guides two decades ago and today carries forward current resource knowledge around the social drivers of health and how they can impact complex care while addressing disparities in the delivery of whole person care. Janice serves on multiple technical expert panels, committees, and workgroups sharing the importance of equitable and collaborative inclusion in study design, conduct, implementation, and dissemination. More here: www.janicetufte.com

Moderated By



Eileen Davidson

Eileen Davidson is a rheumatoid arthritis patient advocate, writer and speaker from Vancouver, BC. She is a regular writer for Creaky Joints, an ambassador with The Arthritis Society and patient advisory board member (APAB) with Arthritis Research Canada among many more. Healthline, Everyday Health and Health Central have called her blog and social media channels one of the best in the arthritis community to follow. For a professional or panel event, Eileen Davidson's extensive knowledge and experience in the arthritis community make her an excellent resource and advocate. As a speaker, she brings a unique perspective and personal story that can inspire, educate and engage. As a writer, she is a skilled communicator and can provide valuable insights and information on the topic of arthritis advocacy.