



# Community Patient Engagement Report



## Patient Engagement Research Ambassadors (PERA)



- Provide bidirectional insights and perspectives from their lived experiences and from their communities to help IMHA achieve its goals and priorities
- There have been 2 cohorts of 7 members each
- 1 is a member of IMHA's Institute Advisory Board
- 2 are members of IMHA's Open Science Working Group
- 1 is a member of the PxP Steering Committee



## PxP - PERA Webinar Series

- Webinar series designed by PERA all about PE in research
- Hosted 3 webinars in 2024 on:
  - Demystifying the research process from patient partner perspectives
  - Motivations for being a patient partner in research
  - Different opportunities to engage as a patient partner



## PxP 2024 Conference

- Hosted virtually in September 2024 (many sessions recorded)
- For patients, by patients
- Designed and hosted by an international Steering Committee of patients partners from Canada, US, UK, Nigeria, Australia, and included 1 PERA member



## Peer-Reviewed Papers

- Patient engagement in a Canadian health research funding institute: implementation and impact co-written with 4 cohort members and 1 PERA member
- Co-creating and hosting PxP: a conference about patient engagement in research for and by patient partners co-written with 8 members of the 2023 PxP Steering Committee



## Hosted Workshops About Patient Engagement in Research



## How-to-Guide for Patient Engagement in Research

- Developed and launched by Cohort 1 of PERA
- 6 modules in total, some modules are a requirement for some CIHR funding opportunities
- To date, 1966 users have registered:
  - Clinicians: 142
  - Researchers: 783
  - Trainees: 393
  - Patient Partners: 334
  - Other members of a research team (e.g. research associate, etc.): 180
  - Others (e.g. health charity, patient organization, research funder): 134



- All co-created and co-facilitated with patient partners
- With 2 other CIHR Institutes in Halifax, June 2024. One workshop was at the Canadian Oral Health Summit
- 1 online, October 2024

PERA - Patient Engagement Research Ambassador  
CIHR - Canadian Institutes of Health Research  
IMHA - Institute of Musculoskeletal Health and Arthritis  
PxP - By Patients, For Patients